**Volunteer**

Food banks, pantries and meal programs need your help to prepare and distribute food. This is allowed under the public health order, provided you are healthy and exhibit no risk factors.

**Donate**

Critical supplies are needed, such as:
- Personal protective equipment (PPE) such as masks and gloves,
- Boxes & bags,
- Non-perishable and shelf-stable food.

**Contribute**

Give monetary donations as large donations to statewide funds or individual donations to local food banks and pantries.

**Help**

Reach out to people in your neighborhood and community who may be unable to leave the house or need extra assistance with the essentials.