



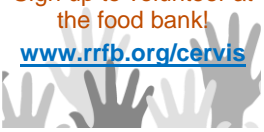



























HUNGER ACTION MONTH

September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
<p>Take 30 Actions in September to help solve hunger in New Mexico!</p>		<p>Send this calendar to all your friends and family!</p> 	<p>Take this calendar to the office and hang it up in the break room!</p> 	<p>Follow the food bank on social media!</p> 	<p>Tell a friend about the food bank!</p> 	<p>Use #HungerActionMonth in a social media post!</p> 
6	7	8	9	10	11	12
<p>Sign up to volunteer at the food bank!</p> <p>www.rrfb.org/cervis</p> 	<p>Learn more about hunger on our YouTube channel!</p> 	<p>Add the RRFB HAM profile frame to your Facebook pic!</p> 	<p>Start a food drive at www.rrfb.org/otd</p> 	<p>HUNGER ACTION DAY!</p> <p>Make sure you wear orange and change your profile pic!</p>	<p>Remember 9/11 with a moment of silence in memory of those who lost their lives.</p> 	<p>Round up your purchase at CVS to help the food bank!</p> 
13	14	15	16	17	18	19
<p>Grandparents' Day! Make a donation in honor of your grandma or grandpa!</p> 	<p>Sign up to receive (awesome) monthly emails from www.rrfb.org!</p> 	<p>Download Charity Miles & walk to raise funds for the food bank!</p> 	<p>Write a food bank fact on a paper plate and send it to your local officials.</p> 	<p>Shop online at Amazon Smile & select the Food Bank as your charity</p> 	<p>Support the food bank by dining at a local tapnmcraft.com brewery or winery!</p> 	<p>Buy fresh produce at the farmers' market and donate it to the food bank!</p> 
20	21	22	23	24	25	26
<p>Text RRFB to 505.933.7732 to make a \$10 gift to the food bank</p> 	<p>Sign up for Smith's Community Rewards to help the Food Bank</p> 	<p>Register to vote & learn about your candidates' views on solving hunger & poverty</p> 	<p>Share a video about hunger from the food bank's YouTube channel</p> 	<p>Volunteer at the food bank (you signed up on the 6th)!</p> 	<p>Attempt to eat 3 healthy meals on a typical SNAP budget (\$4.50)</p> 	<p>Round up your purchase at Walmart and Sam's Club to help the food bank!</p> 
27	28	29	30			
<p>Share a #hunger fact from the food bank's social media pages.</p> 	<p>Help a friend get registered to vote at www.rrfb.org/vote!</p> 	<p>Tag the food bank w/ #HungerActionMonth in a social media post!</p> 	<p>Pledge to continue taking action against hunger!</p> 			
 <p>Roadrunner.Food.Bank</p>	 <p>RoadrunnerFoodBank</p>	 <p>RoadrunnerFdBnk</p>	 <p>RoadrunnerFoodBank</p>	<p>#HungerActionMonth</p>		

Thank you for taking action against hunger. Together, we can solve hunger one helping at a time!